



# Depression Treatment

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Are the debilitating effects of  
**Depression** keeping you down?

Do you feel trapped in a cycle of  
Depression?

Is depression stopping you from  
enjoying the type of life you want to  
live?

It is true to say, that some forms of depression may need to be medically evaluated,  
and treated, *by way of medication.*

In other cases,  
**Hypnotherapy for treating depression B**  
, can be a very effective way of  
helping to ease, and in some instances,  
eliminate depression, altogether.

*Hypnotherapy/NLP/EFT* as a treatment protocol for Depression assists in successfully addressing and transforming negative, thought patterns that are often at the heart of recreating the debilitating disorder.

In Hypnosis sessions for treating and remedying Depression, we work with cutting edge change technologies and tools, in the human behavior and results sciences, like NLP (*NeuroLinguistic Programming*) and EFT (*Emotional Freedom Technique*).



These specialist change  
therapies ultimately empower the  
individual client by allowing them to  
reach and release  
core issues, enabling them to literally  
start taking back control of their life.

*Hypnotherapy for Depression* actively  
accesses and engages the resources  
of the powerful  
subconscious mind,

freeing you from the past, while laying  
the foundations for, and  
reinforcing positive suggestions, to  
enable you to enjoy and live a  
satisfying and  
happy life, *moving in the direction of  
realizing your potential and goals.*

**To find out more about how  
Hypnotherapy can help to Free you  
from Depression**

**Phone Michael** : (07) 5576 6410

or visit

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